

Sterling College

Working Hands. Working Minds.

Outdoor Education Major Worksheet (Students Entering Fall 2018 and following)

For the Major:

- _____ Outdoor Education Required courses (19 cr)
- _____ At least 1 Field Semester or equivalent exper. (15 cr)
- _____ At least 2 Technical Skills courses (4-6 cr)
- _____ At least 1 Applied Teaching course (3 cr)
- _____ At least 1 Education and Culture course (3 cr)
- _____ Professional Experience Requirement

Capstone: Senior Year Research Project (SYRP):

- _____ INT422 SYRP I (3-6 credits)
- _____ INT423 SYRP II (3-6 credits)

At Least 50 Total Major Credits

Outdoor Education Required Courses

- _____ SS240 Education & Learning Theory (3 cr)
- _____ SS1XX Foundations of OE (3 cr)
- _____ AS256 Wilderness First Responder (4 cr)
- _____ SS330 Experiential Curriculum Design (3 cr) [prereq: SS240 or SS107]
- _____ SS320 Group Process for Outdoor Leaders (3 cr)
[prereq: SS233, SS240 or SS107]
- _____ SS4xx Risk Management and Administration (3 cr)
[prereq: SS1XX, College Teaching Exp., SS300, 4cr. of Technical Skills]

Fall or Spring Field Semester (15 cr)

- _____ SS233 Small Group Dynamics (2 cr) [PR NS107A, INT100A]
- _____ AS334 Mountain Expedition Skills Prac (3-5 cr) [prereq: NS107A, INT100A]
- _____ AS333 Desert Exped. Skill Prac. (4 cr) [prereq: NS107A, INT100A]
- _____ xxxxx Natural History of California or Southwest [prereq: NS107A, INT100A]

Technical Skills: 4-6 credits, one 100 level and one 200 level

- _____ AS190 Introduction to Rock Climbing (3 cr)
- _____ AS225 Ice Climbing (2 cr)
- _____ AS270 Rock Climbing Expedition (6 cr)
- _____ AS220 Advanced Flat-water Canoeing (3 cr)
- _____ AS222 Whitewater Canoeing (2 cr) [prereq: INT100A]
- _____ AS270C Bicycle Touring (4 cr)
- _____ AS208 Canoe Trip Guiding (3 cr) [prereq: INT100A, FOE or SS240]
- _____ AS108 Leave No Trace Trainer (1 cr)
- _____ AS230 Advanced Rock Climbing (2 cr) [prereq: AS190 or AS225]
- _____ AS382 Backcountry Skiing (3 cr)
- _____ SS106A Expedition II (2 cr) [prereq: INT100A]
- _____ AS4xx Instructor level skill course*
- _____ AS222: Whitewater Canoeing (2cr) [prereq: INT100A]
- _____ SS307 Challenge Course II (3cr) [prereq: SS107 FOE Leadership & Facilitation]

Applied Teaching 1+ course

- _____ SS107 Foundations of OE: Leadership and Facilitation (3 cr)
- _____ NS/SS255 Environmental Education: Elementary School Outreach (3 cr)
- _____ AS3xx Expedition Planning and Management* (3 cr) [prereq: INT100A or other field experience]

Education & Culture 1+ course

- _____ SS425 Education and Culture (3 cr) [prereq: Junior/Senior Status]

Graduation Requirements

- _____ INT100A: A Sense of Place: Expedition 1
- _____ NS107A: Foundations of Ecology
- _____ 1 additional Foundations Course (not SS107)
- _____ 1 additional 400-level seminar course
- _____ 120 credits (minimum)
- _____ Math Competency (NS050 or waiver)
- _____ Work-Tools Competency*
- _____ Final Q.P.A. of at least 2.0
- _____ Successful Completion of Work Program
- _____ 6 Credits in Humanities
- _____ 6 Credits in Natural Science
- _____ 6 Credits in Social Science
- Coursework Designated as Writing-Intensive
- _____ 1 200/300-level Writing-Intensive (WI) course
- _____ 1 300/400-level Writing-Intensive (WI) course

Professional Experience Requirement

- _____ Complete 10-weeks of work in OE through Practicum (SS300) or non-credit work experience including OE Work Experience Presentation
- and**
- _____ 10 days of documented Leadership
(see separate portfolio document for details)
- and**
- _____ Complete one course as course assistant or college teaching experience or equivalent work program position

- _____SS254 Environmental Justice and Activism (2 cr)
- _____SS285 Gender in US Society (2 cr)
- _____SS335 Leadership and Social Change (3 cr)
- _____SS3xx: Concepts and Issues in Outdoor Education* (3 cr)

This worksheet is an advising aid to be used by students and advisors. Note that final degree audits are completed by the Office of Academics through the Sterling College SIS system. Students are required to declare a Major at the beginning of their Junior year. Students without a major declaration on file will not be permitted to enroll for Senior year courses.

Revised 7/1/18