

ADVENTURE EDUCATION

The Green Mountain College Adventure Education Major and the Sterling College Outdoor Education major have strong parallels, including emphases on:

- Building competency in outdoor skills
- Exploring human relationships with the natural world
- Applying adventure and outdoor skills as educational tools in multiple environments
- Building proficiency in program administration and leadership

Sterling College is able to offer a roster of courses corresponding to GMC's Adventure Education major such that GMC students could follow one of two options:

- 1) Complete an Adventure Education major using the following equivalent courses
- 2) Transition to an [Outdoor Education major curriculum](#).

Green Mountain College course	Credits	Sterling College course	Credits
ADE1000 Introduction to Recreation and Outdoor Studies	3	SS108 Foundations of Outdoor Education	3
ADE1041 Outdoor Living Skills	3	SS106A Expedition II or AS334 Mountain Expedition Skills or AS333 Desert Expedition Skills	3/4/4
ADE2027 Expedition Planning	3	AS372 Expedition Planning and Management	3
ADE2034 Teaching Techniques for Adventure & Outdoor Education	4	SS330 Experiential Curriculum Design or SS240 Education and Learning Theory	3
ADE2062 Outdoor Leadership Practicum	4	SS410 College Teaching Experience or AS320A Course Assistant for Bounder	3
ADE2063 Adventure Group Processing and Facilitation	4	SS107 Foundations of Outdoor Education: Leadership & Facilitation	3
ADE3040 Adventure & Environmental Education Programming Lab	3	NS/SS256 Environmental Education	3
EDU3012 Environmental Interpretation and Communication	3	By Independent Study	Variable
ADE4010 Risk and Administrative Management of Outdoor & Adventure Programs	3	SS412 Risk Management and Administration	3
ADE4051 Recreation & Outdoor Studies Seminar	3	SS425 Education & Culture	3
ADE4053 Internship in Recreation & Outdoor Studies*	6	SS300 Practicum in Environmental Stewardship*	4-6

Co-curriculum requirements			
ADE3054 Practicum Experience: All majors are required to log 150 hours of relevant work or volunteer experience with adventure or recreation-related agencies	0	SS301 Practicum in Environmental Stewardship II: Students can choose to enroll in a second internship for credit, or petition the co-curriculum requirements based on significant past experience	4-6
ADE3055 National Conference: all majors are required to attend one national conference	0	AEE conference attendance	0
ADE3056 Instructor Level Certification: all majors are required to have earned one instructor-level certification prior to graduation	0	Sterling College offers opportunities to gain the following instructor-level certifications: WFR (Wilderness First Responder) and/or LNT (Leave No Trace) Certification	4/1
Total Credits	39		38-47

*Note, Green Mountain College requires all students in the Adventure Education Major to complete 200 hours of practical experience of approved, documented recreation work prior to their internship, this same standard would thus be applied to the Sterling College Practicum in Environmental Stewardship.

In addition, all students are required to complete 33 credits of upper division work (300-400 level courses) and meet the [Sustainable Liberal Arts](#) requirements.