

# Sterling College

Working Hands. Working Minds.

## Outdoor Education Major Worksheet (Students Entering Fall 2018 and following)

### For the Major:

- \_\_\_\_ Outdoor Education Required courses (19 cr)
- \_\_\_\_ At least 1 Field Semester or equivalent exper. (15 cr)
- \_\_\_\_ At least 2 Technical Skills courses (4-6 cr)
- \_\_\_\_ At least 1 Applied Teaching course (3 cr)
- \_\_\_\_ At least 1 Education and Culture course (3 cr)
- \_\_\_\_ Professional Experience Requirement

### Capstone: Senior Year Research Project (SYRP):

- \_\_\_\_ INT422 SYRP I (3-6 credits)
- \_\_\_\_ INT423 SYRP II (3-6 credits)

**At Least 50 Total Major Credits**

### Outdoor Education Required Courses

- \_\_\_\_ SS240 Education & Learning Theory (3 cr)
- \_\_\_\_ SS107 Foundations of OE: Lead. & Facil. (3 cr)

OR

- \_\_\_\_ SS108 Foundations of OE (3 cr)
- \_\_\_\_ AS256 Wilderness First Responder (4 cr)
- \_\_\_\_ SS330 Experiential Curriculum Design (3 cr) [prereq: SS240 or SS107]
- \_\_\_\_ SS4xx Risk Management and Administration (3 cr)  
[prereq: SS1XX, College Teaching Exp., SS300, 4cr. of Technical Skills]

### Fall or Spring Field Semester (15 cr)

- \_\_\_\_ SS233 Small Group Dynamics (2 cr) [PR NS107A, INT100A]
- \_\_\_\_ AS334 Mountain Expedition Skills Prac (3-5 cr) [prereq: NS107A, INT100A]
- \_\_\_\_ AS333 Desert Exped. Skill Prac. (4 cr) [prereq: NS107A, INT100A]
- \_\_\_\_ xxxxx Natural History of California or Southwest [prereq: NS107A, INT100A]

### Technical Skills: 4-6 credits, one 100 level and one 200 level

- \_\_\_\_ AS190 Introduction to Rock Climbing (3 cr)
- \_\_\_\_ AS225 Ice Climbing (2 cr)
- \_\_\_\_ AS270 Rock Climbing Expedition (6 cr)
- \_\_\_\_ AS220 Advanced Flat-water Canoeing (3 cr)
- \_\_\_\_ AS222 Whitewater Canoeing (2 cr) [prereq: INT100A]
- \_\_\_\_ AS270C Bicycle Touring (4 cr)
- \_\_\_\_ AS208 Canoe Trip Guiding (3 cr) [prereq: INT100A, FOE or SS240]
- \_\_\_\_ AS108 Leave No Trace Trainer (1 cr)
- \_\_\_\_ AS230 Advanced Rock Climbing (2 cr) [prereq: AS190 or AS225]
- \_\_\_\_ AS382 Backcountry Skiing (3 cr)
- \_\_\_\_ SS106A Expedition II (2 cr) [prereq: INT100A]
- \_\_\_\_ AS4xx Instructor level skill course\*
- \_\_\_\_ AS264A Nordic Skiing (2 cr)
- \_\_\_\_ SS307 Challenge Course II (3cr) [prereq: SS107 FOE Leadership & Facilitation]

### Applied Teaching 1+ course

- \_\_\_\_ SS107 Foundations of OE: Leadership and Facilitation (3 cr)
- \_\_\_\_ NS/SS255 Environmental Education: Elementary School Outreach (3 cr)
- \_\_\_\_ AS372 Expedition Planning and Management (3 cr) [prereq: INT100A or other field experience]

### Education & Culture 2+ course

- \_\_\_\_ SS425 Education and Culture (3 cr) [prereq: Junior/Senior Status]

### Graduation Requirements

- \_\_\_\_ INT100A: A Sense of Place: Expedition 1
- \_\_\_\_ NS107A: Foundations of Ecology
- \_\_\_\_ 1 additional Foundations Course (not SS107/108)
- \_\_\_\_ 1 additional 400-level seminar course
- \_\_\_\_ 120 credits (minimum)
- \_\_\_\_ Math Competency (NS050 or waiver)
- \_\_\_\_ Work-Tools Competency\*
- \_\_\_\_ Final Q.P.A. of at least 2.0
- \_\_\_\_ Successful Completion of Work Program
- \_\_\_\_ 6 Credits in Humanities
- \_\_\_\_ 6 Credits in Natural Science
- \_\_\_\_ 6 Credits in Social Science
- Coursework Designated as Writing-Intensive
- \_\_\_\_ 1 200/300-level Writing-Intensive (WI) course
- \_\_\_\_ 1 300/400-level Writing-Intensive (WI) course

### Professional Experience Requirement

- \_\_\_\_ Complete 10-weeks of work in OE through Practicum (SS300) or non-credit work experience including OE Work Experience Presentation
- and**
- \_\_\_\_ 10 days of documented Leadership (see separate portfolio document for details)
- and**
- \_\_\_\_ Complete one course as course assistant or college teaching experience or equivalent work program position in Outdoor Education

- \_\_\_\_\_INT472 Environmental Justice Beyond Borders (3 cr)
- \_\_\_\_\_SS285 Gender in US Society (2 cr)
- \_\_\_\_\_SS335 Leadership and Social Change (3 cr)
- \_\_\_\_\_SS3xx: Controversial Issues in Outdoor Education\* (3 cr)

*This worksheet is an advising aid to be used by students and advisors. Note that final degree audits are completed by the Office of Academics through the Sterling College SIS system. Students are required to declare a Major at the beginning of their Junior year. Students without a major declaration on file will not be permitted to enroll for Senior year courses.*

Revised 11/6/18